

Hafan Yr Afon

Everyday 9am - 3.30pm

Brecwast Hafan £10

1 sausage, 2 bacon, free range egg, plum tomato, beans, hash brown & toast

Brecwast Garden (V) £10

2 veg sausages, halloumi, free range egg, plum tomato, beans, hash brown & toast

Eggs Benedict (V) £8.50

Muffin topped with poached egg and creamy hollandaise sauce add bacon +£1.20, smoked salmon £2

Avocado Toast (VG) £8.50

Avocado on sourdough with tomatoes, lemon & sprinkle of seeds

Beans on Toast (VG) £4

Add cheese £1.20

Free range eggs on toast (V) £4.50

2 eggs - fried or scrambled

Breakfast Bap/Sandwich £4.50

Choose from bacon, sausage, egg or veg sausage. Extra items +£1.20

Granola & Yogurt (GF) £5

Homemade GF granola with Greek yogurt & maple syrup

Toast with butter (VG) £2.50

2 slices of sourdough

Add Jam, marmite, honey, nutella

Toasted Teacake (VG) £3.20

Homemade Soup £8

Served with ciabata roll & butter

Jacket Potatoes £10

Served with seasonal salads

> Cheese

> Tuna

> Beans

> Coronation chicken

> Bean chilli

Paninis/Toasties/Sandwiches £9

> Ham & cheese

> Tuna mayo

> Bacon, brie & cranberry

> Mozzarella, sun-dried tomatoes, pesto

> Chicken & pesto

> Falafel, roasted veg, hummus

Small Toastie/Sandwich £6

As above, except with ½ a slice of bread.

A lighter bite

Salad Bowls £10

Seasonal salads, cucumber, tomatoes, croutons (dressing on the side)

> Ham

> Cheese

> Tuna

> Falafel

Specials £12.50

Little Lunches

Kids Brecwast £6.80

1 sausage, 1 bacon, free range egg, beans, hash brown & toast

Kids Toasties/Sandwiches £6

Cheese/ham/tuna/jam - served with crisps & fruit

Crumpets with butter £3.70

Fruit & Yogurt £4

Kids Lunch box - £7

Sandwich (cheese, ham, jam, tuna), crisps, fruit

Check the specials board for specials

Locally sourced. Freshly prepared. Proudly Welsh

Prized Pig - premium Welsh sausages and bacon, reared with care and full of flavour.

Hamer's Eggs - fresh, free-range eggs

Wern Farm - seasonal salads and vegetables

Dietary requirements & allergen information available - please ask a member of staff

Lots of delicious cakes available at the counter.

www.hafanyrafon.com | 01686880777